

# Community Program

Supporting Young Parents living in Balga, Girrawheen, Koondoola, Mirrabooka and Westminster by providing:

- Support with personal and parenting issues
- Outreach and home visits
- Fun, educational and practical workshops
- Activities and excursions
- Social networks with other Young Parents
- Library of parenting resources

Teen Family Centre  
Community Program

Balga Senior High School  
Markham Way Balga  
BALGA WA 6061

Ph: (08) 9247 0217  
or (08) 9343 6038

[www.teenfamilycentre.org.au](http://www.teenfamilycentre.org.au)



everyone's family

TEEN FAMILY  
CENTRE

# Community Program



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## Q: What does the Community Program do?

Being a parent can be hard, and being a Young Parent can create unique challenges. The Community Program aims to assist Young Parents to manage all the challenges that parenting and life can bring and embrace all the rewards of raising a child.

## Q: How can we help?

We offer holistic support to Young Parents through direct support, counseling, advocacy, workshops and activities. The Community Program works with Young Parents individually to assess their needs and assist them to achieve their goals by developing pathways, including referrals and links with other agencies.

## Q: Who can access the Community Program?

Anyone pregnant or parenting under the age of 21 years old who resides in Girrawheen, Koondoola, Westminster, Balga or Mirrabooka.

The Community Program identifies and embraces the cultural diversity within the community and caters for the needs of Indigenous and Culturally and Linguistically Diverse Young Parents.



## Q: What sort of workshops do the Parent Support Workers run?

We facilitate a number of Programs including fun, educational and practical workshops (crèche available for some workshops) relating to a number of areas, including:

- **Parenting Skills**
- **Practical and Independent Living Skills**
- **Health and Wellbeing**
- **Personal and Life Development**

We also offers specific programs for Young Fathers and encourages the involvement of Grand Parents and extended family.

## Q: What support is provided to Young Parents?

Parent Support Workers are available to provide Young Parents with ongoing support and assistance relating to practical, parenting and personal needs. The Parent Support Workers can provide outreach and conduct home visits.

## Q: How does a Young Parent contact the Parent Support Workers?

Anyone interested can make an appointment to meet with a Parent Support Worker. Information can also be sent regarding workshops or activities.

Please phone the Teen Family Centre on the number below.



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